



# ALEXIS M. DAVIS, PH.D.

## Healing the masses one engagement at a time

" Day 2 of the National Day of Racial Healing in Arkansas, is the state-wide Collegiate Art of Racial Healing workshop. This year, we were fortunate to have Dr. Alexis Davis be the facilitator and share her dynamic theory and practice **H.E.A.L.E.D. Through Hip Hop**. This session made you think about how important ALL music is and how it played a part in our mental and emotional wellbeing at different times in our lives. Dr. Davis took us through our own personal journey with hip-hop music by letting us into hers. Added to this already amazing workshop was a collaborative session from (her hometown) Kansas City-based music collective NuBlvckCity! I would highly recommend Dr. Alexis Davis for future workshops and panel discussions."

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-Clarice Abdul-Bey, Co-Convener Arkansas Peace and Justice Memorial Movement

- Clinical Psychologist
- Reiki Master
- Motivational Speaker
- Yoga Instructor
- Healer

### Speaking Topics Include:

- Mental and Emotional Wellness for persons of African descent
- Healing through Hip Hop.
- Healing Transgenerational Trauma
- Holistic Healing Modalities.

[www.bblvkjewel.com](http://www.bblvkjewel.com)

1 hour workshop

\$500.00

Keynote Address

\$750.00

Half day seminar

\$1,000.00

Full day seminar

\$1,250.00